



Year 1

Curriculum overview

Year Group Curriculum Overview

Year 1 - PSHE		
Autumn 1	Spring 1	Summer 1
<p>Physical health and wellbeing: Fun times</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> about food that is associated with special times, in different cultures about active playground games from around the world about sun-safety 	<p>Identity, society and equality: Me and others</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> about what makes themselves and others special about roles and responsibilities at home and school about being co-operative with others 	<p>Mental health and emotional wellbeing: Feelings</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> about different types of feelings about managing different feelings about change or loss and how this can feel
Autumn 2	Spring 2	Summer 2
<p>Keeping safe and managing risk: Feeling safe 🚩</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> safety in familiar situations about personal safety about people who help keep them safe outside the home 	<p>Drug, alcohol and tobacco education: What do we put into and on to bodies? 🚩</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> about what can go into bodies and how it can make people feel about what can go on to bodies and how it can make people feel 	<p>Sex and relationship education: Growing and Caring for Ourselves</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> how to keep clean and look after oneself that babies become children and then adults and the differences between boy and girl babies about different types of families and which people we can ask for help

Year 1 - PSHE

Autumn 1

Physical health and
wellbeing Fun times



Spring 1

Identity, society and equality
Me and others



Summer 1

Mental health and emotional wellbeing
Feelings



Autumn 2

Keeping safe and managing risk
Feeling safe



Spring 2

Drug, alcohol and tobacco education
What do we put into and on to bodies?



Summer 2

Sex and relationship education
Growing and Caring for
Ourselves

