

LUNCH MENU.

WEEK 1 WEEK BEGINNING:

2 SEPT, 16 SEPT, 30 SEPT, 14 OCT, 4 NOV, 18 NOV, 2 DEC, 16 DEC



MONDAY

Main Meal 1

Beef Bolognese Pasta

Served with Mixed Salad Garlic Bread
2,7,13

Main Meal 2

Tomato and Basil Pasta (VE)

Served with Mixed Salad & Garlic Bread
2,7,13

Desserts

Cherry Cinnamon Wrap

2,7

TUESDAY

Main Meal 1

Beef Burger in a Bap

Served with Sweetcorn and Peas and Baked Wedges
2

Main Meal 2

Vegetable Burger in a Bap (VE)

Served with Sweetcorn and Peas and Baked Wedges
2

Desserts

Apple Crumble with Custard

2,7

WEDNESDAY

Main Meal 1

Roast Chicken Dinner

Served with Roast Potatoes & Seasonal Vegetables
A/F

Main Meal 2

Vegetarian Sausage Roast (VE)

Served with Roast Potatoes & Seasonal Vegetables
1,2

Desserts

Cheese & Biscuits

2,7

THURSDAY

Main Meal 1

Chicken Korma Curry

Served with Brown and White Rice
A/F

Main Meal 2

Spinach and Chickpea Curry (VE)

Served with Brown and White Rice
2

Desserts

Lemon Drizzle Cake

2,4

FRIDAY

Main Meal 1

MSC Pollock or Salmon Fish Fingers

Served with Chips & Beans or Peas
2,5

Main Meal 2

Quorn Nuggets (VE)

Served with Chips & Baked Beans or Peas
2

Desserts

Strawberry Mousse

7

▲ ALLERGEN KEY

1. Celery

2. Gluten

3. Crustaceans

4. Eggs

5. Fish

6. Lupin

7. Milk

8. Molluscs

9. Mustard

10. Peanuts

11. Sesame

12. Soybeans

13. Sulphites

14. Tree nuts

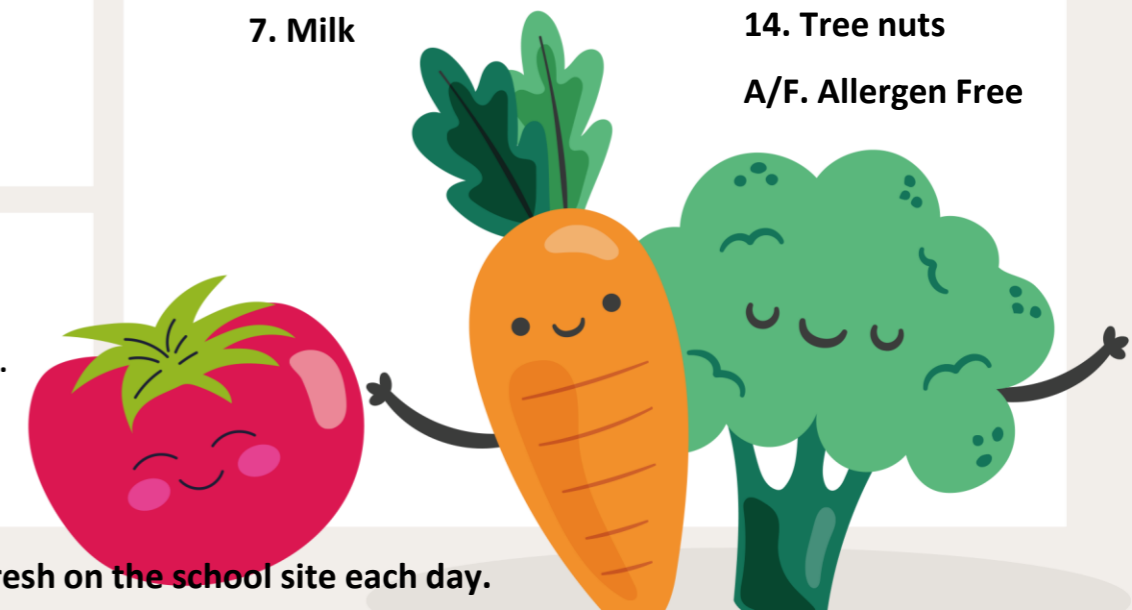
A/F. Allergen Free

AVAILABLE DAILY

Wholemeal bread, fresh salads, variety of seasonal fresh fruit, yogurts & jacket potatoes.

PLEASE NOTE THAT ALL OUR DISHES CAN BE ADAPTED
TO SUIT THE MAJORITY OF DIETARY REQUIRMENTS

All meat options on the menu are halal suitable.



LUNCH MENU.

WEEK 2 WEEK BEGINNING:

9 SEPT, 23 SEPT, 7 OCT, 28 OCT, 11 NOV, 25 NOV, 9 DEC

GREENSHAW
LEARNING TRUST

MONDAY

Main Meal 1

Pepperoni Pizza

Served with Salad and Garlic Bread

2,7

Main meal 2

Cheese & Tomato Pizza

Served with Salad and Garlic Bread

2,7

Desserts

Apple and Ginger Flapjack

2,7

TUESDAY

Main Meal 1

BBQ Chicken

Served with Coleslaw and Cowboy Rice

4

Main meal 2

Roasted Vegetable Chilli

Served with Coleslaw and Cowboy Rice

4

Desserts

Carrot Cake

2,4,7 – Milk Free if served with no Frosting

WEDNESDAY

Main Meal 1

Roast Chicken Dinner

Served with Roast Potatoes & Seasonal Vegetables

A/F

Main meal 2

Cheese and Onion Swirl

Served with Roast Potatoes & Vegetables

2,4,7

Desserts

Cheese & Biscuits

2,7

THURSDAY

Main Meal 1

Beef Lasagne

Served with Sweetcorn and Baked Wedges

2,7

Main Meal 2

Roasted Vegetable Lasagne

Served with Sweetcorn and Baked Wedges

2,7

Desserts

Fruit Cocktail Jelly (VE)

A/F

FRIDAY

Main Meal 1

MSC Pollock or Salmon Fish Fingers

Served with Chips & Beans or Peas

2,5

Main Meal 2

Falafel Wrap (VE)

Served with Chips Baked Beans & Peas

2

Desserts

Chocolate Vanilla Mousse

7

▲ ALLERGEN KEY

- | | |
|----------------|--------------------|
| 1. Celery | 8. Molluscs |
| 2. Gluten | 9. Mustard |
| 3. Crustaceans | 10. Peanuts |
| 4. Eggs | 11. Sesame |
| 5. Fish | 12. Soybeans |
| 6. Lupin | 13. Sulphites |
| 7. Milk | 14. Tree nuts |
| | A/F. Allergen Free |

AVAILABLE DAILY

Wholemeal bread, fresh salads, variety of seasonal fresh fruit, yogurts & jacket potatoes.

PLEASE NOTE THAT ALL OUR DISHES CAN BE ADAPTED TO SUIT THE MAJORITY OF DIETARY REQUIRMENTS

All meat options on the menu are halal suitable.

Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.