



Friday 5th February 2026

Dear Parents and Carers,

It was so great to see many of you at the **Breck Foundation Parent & Carer Online Safety Session** on Monday! I hope you found the session eye-opening and informative, and that you now feel more confident in spotting the signs of grooming and supporting your child(ren) to stay safe online.

The children also benefitted from their class sessions yesterday, where they learned about key tips for staying safe online, who a safe adult is and some of the potential dangers of playing online.

There is a range of post-presentation resources available at: <https://www.breckfoundation.org/post-presentation>. Please see below a link for the parent pack to this letter. There is a general and SEND version, which contains helpful information, such as the signs of grooming, how to respond if a child discloses abuse, conversation starters and more!

[Parent pack](#)

[SEND Parent pack](#)

In addition, your feedback is invaluable to the Breck Foundation, as it helps them to continue improving their work and to secure the funding needed to deliver these important sessions.

Feedback forms are available using the same link above (Teacher or Parent Feedback Form).

If you were unable to attend the session and would like to catch up, **the Zoom recording is available to view for two weeks, until 16th February**, using the following link: [Breck Foundation Parent Session](#). *Please note that there are a couple of occasions when a trigger warning is provided and the content may not be suitable for children, so we kindly ask that you are mindful of this when watching, especially the video at the end of the session.*

Passcode: bs?Nr13!

Should you have any questions or encounter any issues, please do not hesitate to get in touch.

Kind regards,

Miss Gould

UKS2 Phase Leader and PSHE/RSHE Lead

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