5 March 2019

Dear Parents

We held the first of our two Healthy Choices Workshops this morning. If you were unable to attend this, we are holding a repeat session on Monday 11 March at 2.30pm - 3.20pm to which everyone is welcome.

The meeting we had this morning was really valuable for staff as well as parents. We would love to see even more parents at the next meeting, as the topic is so important to our Pupils' wellbeing and future health.

At the workshop, we will be welcoming Laura Flanagan from Croydon Council who will be sharing some fun facts about the food we eat through practical activities. We will also be discussing the development of our Food and Drink Policy and asking for your views on school dinners, packed lunches and drinks in school. There will also be the opportunities for you to ask questions.

Yours sincerely

Jo Sone (Healthy Schools)