Friday 14 June 2019

Dear Parents/Carers,

**RE: Taekwondo Taster Sessions**

I am delighted to inform you that on Tuesday 25th June all classes will receive a Taekwondo taster session. The sessions will last 30 minutes and the children will be taught a range of self-defence moves in a controlled and safe environment. The sessions will be fun and interactive and will take place in the school hall throughout the day.

The sessions will be run by Gidae Taekwondo Academy; a company who have a wealth of experience and been running classes for children for many years. They have previously put children through to the GB squad and have a two time World champion, National champion, European champion, Irish champion and Scottish champion in their squad.

This is a fantastic opportunity for children to experience a new sport and learn new skills to develop their self-defence.

Please do not hesitate to speak to me if you have any questions.

Mrs E Smith